

FITNESS*	Time	Cost
Gym Membership 12 Months		POA
Private Health Assessment	20 min	49
Private Health Assessment PT Session and Customised Gym Program	90 min	149
Personal Training Session	60 min 30 min	99 69
Couples Personal Training Session	60 min	79pp
Group Personal Training Session	60 min	69pp 4 pax
Gym Day Pass	6am – 9pm	20pp

LEISURE*		
Daily Hire Options	7am – 12pm OR 1pm – 6pm	
Poolside Day Bed		60
Poolside Fig Lounge		40
Poolside Orbit Lounge		40
Poolside In-Pool Lounge		40

THE PAVILION	10am – 6pm
Made up of six exclusive cabanas, each featuring:	
Two sun beds	
Private pool and spa	
Indoor couch	
HD plasma television	
Mini-bar (charged on consumption)	
Dedicated area host	
Monday to Friday	195 per Cabana
Saturday, Sunday and Public Holidays	295 per Cabana
Max four people per Cabana	

ISIKA SPA PACKAGES	Time	Cost
Couples Escape	90 min	498
Indulge with someone special and be pampered with a bubble bath, steam shower, two 30 minute Customised Facials, two 30 minute Relaxation Massages and sparkling wine on arrival. The Couples Escape package is performed in ISIKA's opulent riverside couple's suite with views of the Perth city skyline.		
Couples Massage	90 min	418
A glorious couples retreat including a bubble bath, steam shower, two 60 minute Relaxation Massages and sparkling wine on arrival. Couples Massage is performed in ISIKA's opulent riverside couples suite with views of the Perth city skyline.		

Ultimate Pampering	from 210 min	from 459pp
The ultimate girl's day out, perfect as a solo treat or in a group. Be pampered with an Aromatherapy Massage, Self-Renewal Face and Body experience, Express Manicure, Express Pedicure and complete with a blow wave.		

Group Bookings	Customise your own ISIKA package and enjoy 10% off for groups of four or more. Ideal for bridal parties, work functions, birthdays and special occasions.	
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Crown Gift Cards	Give the gift of pampering anytime of the year. Gift cards can be purchased with cash, eftpos or credit card at ISIKA reception.	
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OPENING HOURS		
SPA	Monday to Saturday Sunday	8am – 8pm 10am – 6pm
SALON	Monday to Saturday	8am – 8pm
FITNESS	Daily	6am – 9pm

AGE LIMITS		
All Spa Treatments	Ages 16 and Up	
The Pavilion	Ages 12 and Up	

*Terms and conditions apply: Fitness and Leisure activities are only available to ISIKA Fitness members or guests staying at Crown Metropol Perth

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ISIKA
SPA PERTH

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AVEDA™

MASSAGE	Time	Cost
Classic Relaxation	90 min	199
Full body Swedish style massage	60 min	159
Deep Tissue	90 min	209
Releases tight and aching muscles	60 min	179
Aromatherapy	90 min	209
Ease stress, anxiety and insomnia with customised oils and pressure	60 min	179
Nurturing Pregnancy	60 min	179
Designed for pre-natal treatment after the first trimester		
Fusion Stone	90 min	209
Hot stone massage to relieve muscle tension	60 min	179
Chakra Balancing	90 min	209
Harmonising massage including reflexology and chakra energy work	60 min	179
Stress Fix	90 min	209
Aroma infused massage for stress recovery	60 min	179

FACIAL	Time	Cost
Dual Exfoliation	90 min	249
High performance mechanical and biochemical exfoliation to smooth fine lines and enhance clarity and radiance	60 min	189
Tulasāra™ Customised Facial	60 min	179
Ayurvedic-inspired, balancing facial tailored specifically for your skin type and concerns	90 min	209
Tulasāra™ Acne Relief	90 min	249
Treats blemish symptoms to ensure skin stays clear	60 min	189
Perfecting Plant Peel	30 min	119
Powerful botanical antioxidants and soothing plant-based anti-inflammatories provide instant exfoliation. Experience the radiance of glycolic results without the skin irritation		

BODY TREATMENTS	Time	Cost
Body Exfoliation	60 min	169
Cleanse, smooth and condition the skin		
Aroma Body Wrap	90 min	249

ISIKA SPA FOR MEN	Time	Cost
Tulasāra™ Customised Facial	60 min	179
Tulasāra™ Customised Facial is designed to meet men's skin care needs to cleanse, exfoliate and hydrate for instant results		
ISIKA Executive Escape	120 min	299
Body exfoliation, Relaxation Massage and Tulasāra™ Facial		
ISIKA Urban Man	120 min	319
Fusion Stone Massage and Tulasāra™ Facial		
Gentlemen's Manicure	30 min	69
Soothe and moisturise hands with citrus extracts, hand massage, nail file and buff		
Gentlemen's Pedicure	30 min	79
Soothe and moisturise feet with sea salts, foot massage, nail file and buff		
Express Colour and Cut		from 149
Clipper		from 39
Cut and Dry		from 59
Back and Chest Wax		from 49

ENHANCEMENTS	Time	Cost
Stress Relieving Scalp Massage	15 min	49
AVEDA Reflexology	30 min	69
Wedding Eye Treatment	15 min	59
Wedding Masque	15 min	69
Perfecting Plant Peel Hand Treatment	15 min	49
Blow Wave	from 30 min	59

PREGNANCY PACKAGES	Time	Cost
New Beginnings	120 min	220
30 minute Express Manicure 30 minute Express Pedicure Blow Wave		
Nurturing Indulgence From 12 Wks	90 min	215
60 minute Massage or 60 minute Customised Facial Choice of 30 minute Express Manicure or Pedicure		
Expectant Arrival From 12 Wks	90 min	230
30 minute Express Manicure and Pedicure 30 minute Customised Facial		

BEAUTY	Time	Cost
Tinting	30 min	29
Waxing	from 15 min	from 19
Spray Tan	30 min	49
Essential Eyes	30 min	79
Eyebrow shape, with lash and brow tint		
Makeup Application	from 60 min	from 99
Aroma Manicure	60 min	149
Signature manicure includes scrub, massage, buff, shape and polish		
Aroma Pedicure	60 min	159
Signature pedicure includes scrub, massage, buff, shape and polish		
Chakra Balancing Pedicure	60 min	149
Luxurious foot soak, exfoliation and AVEDA Reflexology completed with a buff, shape and polish		
Express Manicure or Pedicure	30 min	89
Buff, shape and polish		
Shellac Manicure or Pedicure	45min	139
Buff, shape and shellac polish		
Shellac Aroma Manicure or Pedicure	75min	199
Aroma manicure or pedicure with shellac polish		
Shellac Removal		50
French Polish	15min	25

SALON	Time	Cost
Shampoo and Blow Wave		from 69
Shampoo, Cut and Blow Wave		from 89
Shampoo, Cut, Blow Wave and Thermal Style		from 129
Half Head Foils		from 149
Full Head Foils		from 219
Retouch Colour		from 89
All Over Permanent or Semi Colour		from 99
Creative Styling		from 109
Thermal Styling		from 69
Blow Wave and Thermal Styling		from 99
Botanical Therapy Hair and Scalp Treatment		59
Express AVEDA Treatment		29
Deluxe AVEDA Treatment		49
Bridal Parties Hair and Makeup		POA